

HBH Beacon

November 2021
Special Lockdown Issue



HBH SENIOR LIVING
In every little way, we care

Welcome

Firstly, our thanks to everyone in the HBH community for the part you've played in keeping our residents safe during this lockdown. Once again, it hasn't been easy for our residents and relatives who can't see each other in person, but our staff have been going above and beyond to keep everyone happy and active.

Our main focus during lockdown has been connecting our residents with their families via phone, online and WhatsApp, as well as sending out photos to families and on our social media pages.

As you can see from the photos below, we've been keeping busy! From games to gardening to spontaneous events, we've worked hard to ensure

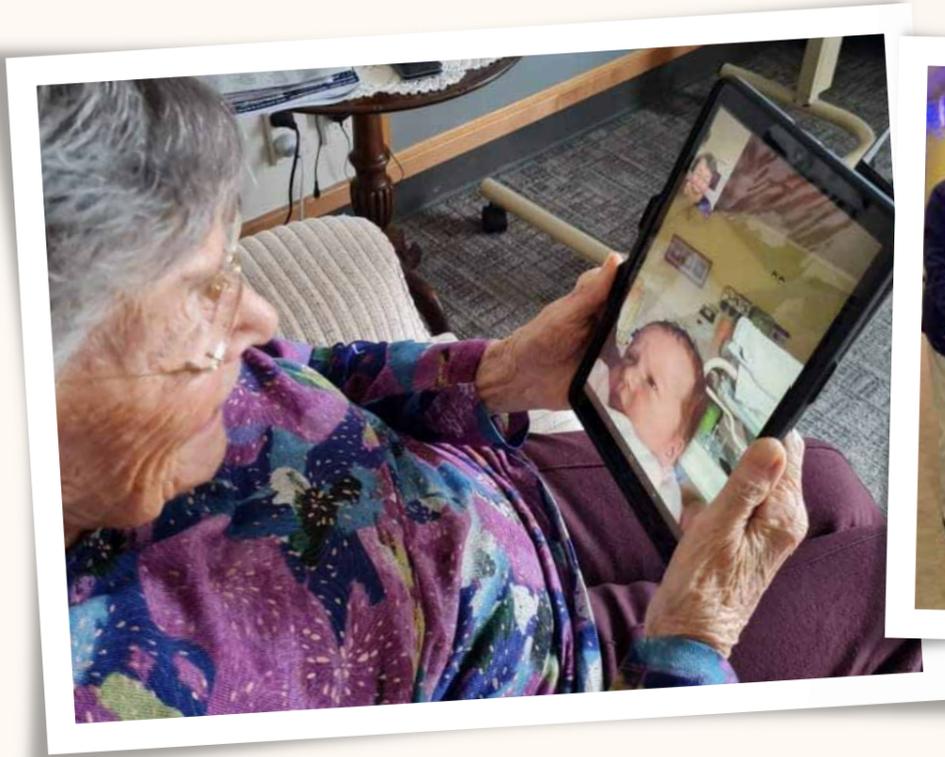
our residents don't feel lonely and isolated during this difficult time. On that note, we welcomed Harry, a new budgie, to HBH. Pets are a key part of our Eden Alternative philosophy, creating opportunities for companionship, meaning and purpose in daily life. It's just one of the many little ways we aim to make daily life more enjoyable for everyone.



Bonnie Robinson
CEO



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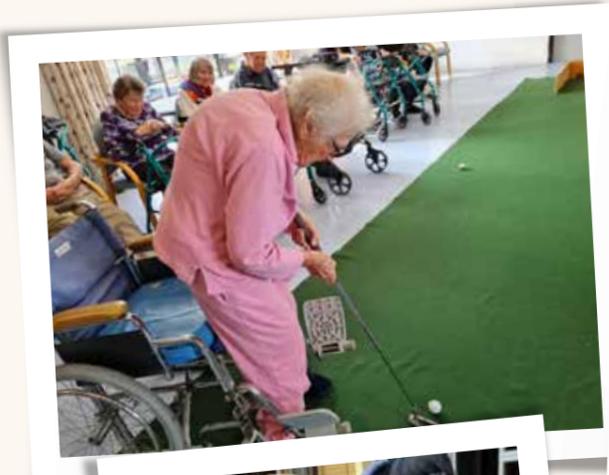


Having fun in our bubbles at HBH

Our HBH communities have been in separate bubbles during lockdown so our residents can stay as safe as possible.

Each team has been very creative with staff and residents coming together to design some entertaining daily and

one-off events. These include our Olympic celebrations, a special 'night and loungewear day', a spring colours dress-up, Fathers' Day celebrations and Māori language week – as well as plenty of opportunities to get out and about for some fresh air and exercise.





Gulf Views - A view to staying connected

Daily life at Gulf Views has been challenging during this recent lockdown, but our wonderful staff have worked hard to ensure our residents stay connected and as active as possible.

Because Gulf Views is a small rest home, our team of 29 have been able to be in one bubble, which means we've been able to socialise, have fun and continue with activities to keep

our residents mentally and physically well. These include celebrating breast cancer awareness week, International Day of the Older Person, having a pamper day, and celebrating Māori language week. And our residents try to get out and about for some socially distanced fresh air and exercise whenever they can.



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Virtual Village East – together online

It's been a busy lockdown at Virtual Village East! Our new 'Mid-week Meet-ups' online speaker series has been a great success.

We've heard from several fascinating guest speakers so far, including Brett Johnstone, Mt Eden Corrections Prison Chaplain; Nidhal Alattar, who shared her story of moving

to New Zealand from Iraq; as well as Charles Miller, Barbara Davis and Margot Andrews. Our Coffee & Catch-up mornings remain popular events, (albeit online at the moment), along with our weekly email with a roundup of activities for members to do from home.



Above – our mid-winter staff party (held just before lockdown), our much-loved pram for children being repaired, staff doing Zumba during Level 4 (great fun), and our socially distanced staff meeting.

Prayer

Lord, we thank you for the Blessings on our lives in this tumultuous times.

Lord as we come to our work, we ask that our hands bring gentle comfort for aching and sore bodies.

We ask that our words bring reassurance for troubled and confused minds.

Please direct and guide us that we may be the best we can be.

We give thanks that we have opportunities to serve you by serving and caring for our Residents.

Give us strength to do your will.

Amen